

Welcome to the Orlando Volleyball Academy Junior Volleyball Club

The Orlando Volleyball Academy has been serving the Central Florida and surrounding volleyball communities since 1996. OVA have developed into a nationally prominent junior club, impacting the USA Volleyball Junior National Championships, Florida Region, collegiate and national level volleyball.

Orlando Volleyball Academy has achieved a record that is unparalleled in the state of Florida. Since 1996, the club has had more than 195 student athletes attend college on volleyball scholarships. We have had 33 AAU All-Americans, 7 USA Volleyball All-Americans and 12 "Fab 50" players. Orlando Volleyball Academy is proud to have had 1 USA National Team Player 2009 . A 2009 AAU National Championship Team Award and 32 Top Ten Finishes at USAV and AAU Nationals, and over 35 Region titles, including Florida Regional Championships, Disney Classic, Power League and OVA Invitational.

The directors and staff of the Orlando Volleyball Academy welcome you to the finest junior volleyball program in Florida.



Orlando Volleyball Academy

MISSION STATEMENT:

The Orlando Volleyball Academy program is dedicated to providing its athletes with the technical, tactical, and physical training to reach their highest possible potential. The program is equally dedicated to the highest standards of personal integrity, mutual respect, and responsible conduct. We strive to help each and every player, regardless of the age or ability, to achieve life-changing growth in physical skills and personal character as they play the game of volleyball.

GOALS:

- * To develop interest and encourage participation in the sport of volleyball for girls 6 years old through seniors in high school.
- * To provide players with advanced technical training.
- * To encourage and help athletes pursue higher education by providing maximum exposure to college volleyball programs.
- * To be recognized as one of the finest youth volleyball programs in the nation.
- *To provide assistance for your child's future – OVA will help advise your child for their future in college whether that includes volleyball or not. If your daughter chooses to play volleyball in college, we have recruiting coordinators who will help make college coaches aware of your daughter and her talents.

ORLANDO VOLLEYBALL ACADEMY

CORPORATE TEAM

Yvonne Devlin, President

- > Manager of Orlando Sports Center 2008- Present
- Director of Volleyball at Champion Sports Complex (2004-2006)
- USA Volleyball Florida Region Commissioner (2000-2004)
- Central Florida Sunshine State Games Director of Volleyball with the Florida Sports Foundation
- Director of Volleyball Senior games
- Sport Director of the Transplant game
- UCF graduate
- Champion in three National Championships (one in volleyball and two softball National Tournaments).
- Voted MVP and Metro Hall of Fame for outstanding contribution to athletic competition.
- Played USVBA volleyball for 6 years.
- Has officiated NAGWS, NCAA and USVBA volleyball for 27 years. Retired 2007

Sindee Snow, Treasurer

- Rollins College Head Coach.
- Co-Director Orlando Volleyball Academy 1979- present
- Chairperson for Florida AAU Junior Olympic Volleyball.
- National Captain of Larkins Women Volleyball.
- Women's Open & Women's Beach Pro/Am.
- Former Head Coach for Brevard Community College.
- Former Head Coach at Bishop Moore High School, 2-time State Champions.
- Coached volleyball camps at alma mater Florida Southern College
- NCAA and USVBA volleyball referee.
- Graduated from Astronaut High School
- Graduated from Florida Southern University with a Bachelor of Science in Sports Management.

Terri Owen, Business Owner

- Assistant Parks & Recreation Director, City of Apopka.
- Current Business Owner- Property Management
- Florida Recreation & Parks Association District III Athletic Interest Section Board Member.
- Former AARP - President
- UCF Graduate Volleyball Team Member
- Treasurer and Certified Leisure Professional.
- Orlando Sports Hall of Fame Board Member.
- Amateur Softball Association Treasurer and Scholarship Committee Member.
- NAGWS, NCAA, USVBA, volleyball referee and Charity Challenge head volleyball referee.
- Feed the Homeless volunteer.
- Collegiate and USA Volleyball Referee

Orlando Volleyball Academy ***Commitments of a Junior Program Player***

You have been selected to play on one of Orlando Volleyball Academy's teams. We want to make you aware of the responsibilities that come with this honor, and also to let you know what OVA will provide in return. We know that your commitment to your junior team will expose you to high quality volleyball, provide you with a valuable educational experience, and allow you to develop lifelong friendships.

- A.** A non-refundable \$400.00 financial commitment and \$300.00 (for Regional Teams) was required by each player selected to play on an Orlando Volleyball Academy team. This amount is due, in full, on the day of selection of the team. All Paperwork must be in as well.
- B.** All items listed in the budget will be covered by your fees, including:
 - 1. Coaches Registration both USA and AAU/ Background Checks
 - 2. Facility cost, Insurance; general liability
 - 3. Yearbook, balls, ball cart, equipment and nets, First Aid Supplies
 - 4. Gym Time for practice- Asics, Molten, National 3x a week – Regional Team 2x a week
 - 5. High Quality Coaching
 - i. OVA Membership
 - ii. Officiating and scorekeeping clinic
 - 6. Equipment (balls, med kits, etc.)
 - 7. Lodging for the Asics, Molten, and National teams Coaches Only
 - 8. Uniforms (varies due to Asics, Molten, National, , or Regional team)
 - i. Uniform shirts – 2 or 3
 - ii. Practice shirts – 2 or 3
 - iii. Shorts – 1 or 2
 - iv. Kneepads (1 pair)
 - v. Back pack
 - vi. Socks – 1 pair
 - 9. Recruiting information & assistance for colleges
 - 10. Administration fees
 - 11. Web site – exposure
 - 12. Tournament Entry Fees – 8- 9 Some may have 11 Tournaments total including Regional Some AAU Nationals
 - 13. AAU National Tournament (if on an Asics or Molten team fees are included,)
- C.** Extra Expenses (if selected)
 - 1. Making of Recruiting Video - \$300
 - 2. Private Instruction - \$70 per hour.
 - 3. Travel to Tournaments – Airfare- Hotels – Transportation Staying With Parents or Friends Accepted this year (2009-2010)
- 4. ALL EXPENSES AFTER THE REGIONAL TOURNAMENT**
 - i. AAU National Tournament (unless on an Asics or Molten Team(Excluding 11 and under)
 - ii. USAV National Tournament (estimated additional \$ 575.00 per player based on 10 players)
 - 1. Coaches Fees
 - 2. Hotel
 - 3. Entry Fees
 - 4. Airfare

Orlando Volleyball Academy

“Success Begins with a Positive Attitude”

The Orlando Volleyball Academy has established a volleyball program in which everyone can be proud to be a part. We consider ourselves elite. To continue this tradition, a positive commitment from coaches, players and parents is required.

Our coaching staff must be committed to have requisite knowledge to teach the fundamentals of the game and the ability to motivate our players to their maximum level of performance. They must have patience, and above all, the ability to communicate with positive reinforcement and to assist each player in any way possible to achieve the goals established by such players.

Our players must be committed to the program as established by the coaching staff, to practice and play with competitive attitudes, and to maintain good sportsmanship at all times. Finally, our parents must be committed to the program as established by the coaching staff and should maintain a positive attitude toward the program at all times. Parents must eliminate their own ego from the process and see the game without parental eyes. Parents should become knowledgeable of the game to understand how it is played and appreciate the efforts of ALL the players. It is extremely important to the maintenances of our program and the accomplishment of our goals that coaches, players, and parents maintain a positive attitude. So much can be accomplished if we believe in and are committed to the same system. In the past, three negative complaints were heard from parents, which limited the overall success of the team and the club. They are as follows:

My daughter is on the wrong team – This generally means that the player is not on what is considered to be the number one team. (Very rarely does anyone ask to move down). Methods used to assign players to teams are based on an evaluation conducted in a professional manner based upon the consensus of three to six eminently qualified individuals. Time has shown that team assignments are made fairly with few mistakes. Players have been and will be moved if the qualified individuals feel that it is in the player’s best interest to do so. If you think that a mistake has been made, please discuss it first with Yvonne Devlin, in private, before involving the player.

My daughter is not playing the right position – Often times a player is the shining star on a high school or middle school team at a particular position and is not allowed to play that position in OVA. There are several reasons for this. First, we all have to remember that the competition within OVA is a lot stronger than on school teams. Therefore, the competition for each position is more intense than in school where the number of good players is limited. Second, the coach may have a particular need at a certain position and the player is the only one with the requisite skills to fill that need. In any event, talk to the coach first about any concern you might have and then support the coach’s decision. One further note: Do not under any circumstance corner the coach at a tournament. There should be a meeting time set up for discussing a matter such as this. There is a 24-hour rule at OVA for parents talking to coaches about a problem with his/her daughter’s playing time/team, etc.

My daughter is not playing enough – This can be a common question or complaint. When playing in OVA at a high (or elite) level, players will not always play the same amount of time. We cannot provide a guarantee of playing time. OVA does provide a guarantee of the right to practice with players of equal or better ability, and through hard work, improve skill levels and compete for the opportunity to play. **Playing time is earned, not awarded. Negative comments directed to other parents, coaches and players concerning offensive schemes, defensive schemes, players’ positions, who is playing, etc. or provide excuses to our players for poor performances have no place in our program. Help maintain an excellent program by supporting coaches and players with a positive attitude.**

FUNDRAISING

Orlando Volleyball Academy is committed to giving each individual the opportunity to excel in the sport of volleyball. As a premier volleyball club in the Florida region, OVA wants to give everyone equal opportunity to play. A program of this magnitude and quality is expensive, on terms of commitment, time, and money. The directors and staff are committed to the goal that no deserving athlete shall be deprived the benefits of the Academy for lack of funds. OVA already has a monthly payment schedule but if adjustments need to be made on an individual basis, we are more than willing to work with parents on an adjusted payment plan or on different fundraising ideas to make the club charges more feasible. There are various options for making money to offset some of the annual club dues.

Orlando Volleyball Academy is a non-profit, 501© (3) organization. Therefore, all donations are tax deductible. However, funds raised under the name of OVA cannot be returned to the athlete at any time. Fundraising money is to be used strictly for expenses incurred by the individual athlete, not the athlete's family. If funds remain in an athlete's account at the conclusion of the season, they will be transferred into the next year. If a player graduates or does not return, the funds remaining in the account are transferred to a general operational account for use at the staff's discretion.

The primary source of fundraising for OVA athletes is the Annual Yearbook/Media Guide. Proceeds from the ads sold for the guide go directly to the individual's account, minus 20% to offset administrative expenses. Each year, we have several players who raise 40-50% of their club dues through this program. The form for the yearbook is on the website.

We have several other fundraisers in place as well for the 2009-10 season. The Annual Golf Tournament will be held in February and there are opportunities to make money for your account by getting hole sponsors or various sponsorships. There are various fundraisers in the Orlando area that would work towards OVA. However, OVA fundraising is not a "team" effort. Only those who participate and work for the money will benefit from the funds raised.

ALL fundraising for season will go thru Yvonne. If you have any questions on fundraising or have ideas on fundraising opportunities, please contact Yvonne via e-mail, orlvb@aol.com or via phone at 407-226-0188. If you leave a message, she will call you back within 24 hours (given she is in town).

GOLF TOURNAMENT



February 5, 2010 At Shingle Creek Golf Resort

Help us support our scholarship fund and give girls the opportunity to play college!

Call our office to register

Orlando Volleyball Academy **Rules and Policies**

Orlando Volleyball Academy is a nationally renowned AAU and USAV program. We expect that our athletes act in a courteous manner throughout the season and as they travel. Athletes disobeying either club or USAV rules, or acting in a way not deemed appropriate by the staff, may be disciplined or expelled from Orlando Volleyball Academy by the staff. If expulsion from the program is required, there will be no financial compensation, and club fees will no longer be due.

Every member of Orlando Volleyball Academy will be offered training through practices. Playing time is based on practice and event performance of the athlete as viewed by the team coach and Orlando Volleyball Academy coaching staff. Court time at major competitions (such as Regionals, National Qualifiers, and/or Nationals) will most likely be geared toward the best line-up. Local court time will be more evenly distributed. Equal playtime is NOT guaranteed though.

Any member found to be in the possession of alcohol, tobacco, or illegal drugs on the premises of any practice or tournament facility of the Orlando Volleyball Academy will be immediately expelled from the program.

Players must call their coach at least an hour before practice if they will not be there. Athletes who miss practice are missing valuable information and training time and, potentially, may have their playing time decreased. To emphasize player responsibility, we do not want parents to call on behalf of their child (with the exception of the 10 and under parents/players).

To promote team and program unity, all athletes are required to wear practice uniforms at all practices and full game uniforms at all tournaments. Team uniforms do not include jewelry, wristbands, or headbands. Pants or shorts are to be worn over spandex outside of the gym.

To prevent choking and 'sticky' situations, players will not be allowed to chew gum during practices or while playing or officiating events. To ensure the safety of fans and spectators and to prevent damage at playing sites, ball handling will only be done in the gymnasium.

Transportation to all practices is the responsibility of the players and their parents. Transportation to competitions is the responsibility of the players and their parents. Hotels are also the responsibilities of the parents.

TOURNAMENT POLICIES:

Teams will arrive at the playing site at least 45 minutes prior to their first match (45 minutes for refereeing and 1 hour for playing the first match).

All players are required to wear issued warm ups entering and leaving the gym. All players must also match practice t-shirts at tournaments or another other volleyball related function.

No food, drinks (other than water), or chewing gum in any gym at any time. Florida Region rules allow a tournament director to penalize teams if parents and/or supporters ignore this rule. Team food and drinks can be kept in the lobby or outside the playing venue.

All athletes are expected to attend every tournament. If an athlete cannot be at a tournament, she must inform the coach as soon as she knows she will be absent so that the coach can make appropriate changes to practices or lineups. It is the athlete's (not the parent's) responsibility to make arrangements with the coach.

Athletes may not leave a tournament site until excused from the coach.

OFFICIATING:

To ensure fairness in distributing officiating duties, every player will attend a referee/scorer clinic. In addition, players may leave a tournament only after all refereeing duties have been taken care of and permission has been obtained from their team coach.

TRAVEL:

When the teams travel, all athletes will lodge with their respective teams Hotels if possible.. Players will be allowed to stay with their immediate family, relatives, or friends. Athletes will be required to obtain permission from their team coach before leaving a hotel or playing site.

When traveling via airlines, OVA expects all teams to dress accordingly. If the team decides to wear OVA apparel, every member of the team should wear the same thing. If the team decides to just look nice, please use good taste when picking your outfit for the airline. No midriffs or daisy dukes please.

We encourage parents to travel with the team to different events, And in which ever parents are traveling the kids can stay with Moms. The athlete can stay with parents other than there own as long as it's the Mother of a team member and we have written permission from the other parent or parents . All Hotel cost will be worked out with the parents of each athlete. The team is attending an event to **PLAY VOLLEYBALL** So we try and discourage any other physical activities at these events.. OVA will secure a hotel for all its members at Qualifying events.

PRACTICE POLICIES:

Always be on "Lombardi Time" for practice (at least 15 minutes early). We have limited gym space and to avoid another team's practice starting late or your practice running short, every athlete must be dressed and ready to go at the practice time listed.

Volleyball shoes should be carried into practice, and only worn for practice and games. This is to assure that the shoes last longer and our practice facilities remain clean.

All athletes are required to wear OVA practice apparel to practice. If your team has more than one color shirt, make sure that everyone knows which color to wear on which practice days. Each team is required to wear the same practice t-shirt at practice.

If an athlete is late arriving to a practice, she must change into her practice gear, report to her coach and explain why she is late. Her coach, in his/her sole discretion, will determine if any corrective action needs to be taken.

An injured athlete who attends school is expected to be at OVA practice, even if she cannot physically participate in practice. This is to offer support to her team as well as assist the coach if needed.

Transportation to practice is your responsibility. If your daughter has to wait after practice for someone to pick them up, they are also requiring her coach to stay with her. If put in that situation, her coach has the authority to charge \$25 for each half hour. Coaches are not babysitters...please do not take advantage of the fact that he/she is required to stay with your daughter if you are late.

Practices are for you, the athlete, to improve skills. You get out of it what you put into it...always give 110% of the energy you have at that moment in practice. You play how you practice!

Orlando Volleyball Academy **Parent Rules and Policies**

As stated previously, Orlando Volleyball Academy is a nationally renowned club. Just as we expect certain actions of our players, we also ask the same courteousness and politeness from our players' parents. Parents should refrain from any unsportsmanlike conduct that could embarrass the club or penalize a team. Parents disobeying club or USAV rules, or acting in a way not deemed appropriate by the staff, might be expelled from Orlando Volleyball Academy by the staff.

Parents will not be permitted to discuss the coaching philosophies with the coaches at a tournament. We, at Orlando Volleyball Academy, ask that if a parent is upset about something with a team, he/she will abide by the "24 Hour Rule" and wait 24 hours before discussing the matter with the coach. If further problems arise, please contact the Directors of the club and they can schedule a meeting with the Coach, Directors and parents all together. (Please see Grievance Policy & Procedures)

Every Orlando Volleyball Academy team shall have a Team Parent. This parent will make sure the coach has everything needed from the team's parents. Each team will have a Travel Parent who will be in charge of helping the coach when traveling. This duty includes helping Orlando Volleyball Academy find out which parents will be traveling with the team and what accommodations are needed. Each team will also have a Telephone Parent. This parent will be in charge of making sure each member of the team has a list of everyone's contact information. In addition, this parent will be in charge of calling all the parents if the coach needs information for the team spread quickly.

Sometimes, a team chaperone will be requested for a tournament. A parent who volunteers to be a chaperone takes the responsibility of being at the tournament for its entirety. Usually, the parent will receive a free pass to the tournament for taking this responsibility.

Parent Committees

In an effort to maintain order, volunteer parents from each team are asked to take on a few simple tasks for his/her daughter's team. Depending on the team level and the age group, not all of these volunteers are necessary, but we would like each team to have the following parents:

- ❖ TEAM PARENT – Basically a team representative. Usually asked to be the team chaperone as well.
- ❖ TRAVEL PARENT – Remind and gather any information necessary for travel for OVA Very
- ❖ Very Important person! .Has to make sure its girl has a room and transportation.
- ❖ VIDEO PARENT – Generally for 15 and up teams. A parent that will most likely be taping matches for the team for their daughter anyway. Someone that the team can count on to get game footage for recruiting tapes, and/or, provide copies for other parents.
- ❖ FOOD/DRINK PARENT – Organize a schedule so that the team does not have to pack coolers every tournament...parents take turn bringing snacks, water/Gatorade for all girls on the team.
- ❖ TELEPHONE PARENT – In charge of creating a carry-along telephone list for every parent, player and coach with cell phones as well as home phones.
- ❖ FUNDRAISING PARENT – Team representative for OVA fundraising...help get the team to create a team basket for the end of the year auction and work with OVA office on creating a fundraiser for the team if the team wants this.
- ❖ GOLF TOURNAMENT PARENT- Recruit players and funds for the tournament.

ORLANDO VOLLEYBALL ACADEMY

GRIEVANCE POLICY & PROCEDURES

Knowing when to communicate and how to communicate with your athlete's coach is a concern for almost every parent at some time during the season. Most often, the concern is how to inquire about issues surrounding playing time.

OVA has always tried to encourage the athlete to talk to the coach when she has a problem about her playing time. If the athlete is unsure or unclear about what the coach expects from her, either in practice or in competition. The appropriate attitude is for the athlete to ask the coach what she needs to do to get more opportunities to play in matches.

When parents have a problem that is specific to their own athlete, we also encourage them to talk first to the coach. Coaches WILL NOT discuss "coaching decisions." Coaching decisions, among other things, specific match decisions (who played when, who was subbed in/out and when, etc.). Playtime is a very complex determination. It included the coach's opinion, the athlete's ability, the athlete's potential, the team's needs at the moment, the momentum of the game, and the team's needs for the future. The coach will not be required to defend his/her thought process or conclusions in these determinations, and it is improper for a parent to request that.

In addition, OVA instructs coaches not to discuss any athlete other than the parent's own or the actions of any other OVA coach. If you, as a parent, have legitimate concerns about a coach other than your athlete's coach, or with an athlete other than your own, you need to address the directors. Please note again that coaching decisions are not in our opinion legitimate concerns.

POLICY ORDER:

1. The athlete should first speak to the coach about the matter. If the matter remains unresolved, or the athlete has a reasonable concern that speaking to the coach will not resolve the matter, then move on to step 2.
2. The parents should speak or meet with the coach. Parents and/or athlete should contact coach on the phone to set up a meeting time (not during a tournament):
 - A parent should never approach a coach at a tournament. We have instructed the coach to refuse to discuss any controversial matter and to refer the parent to the Directors. The coach will then walk away.
 - The recommended time for a parent to schedule a meeting is usually before or immediately after a scheduled practice.

If the matter still remains unresolved or if the parent has a reasonable concern that speaking with the coach will not resolve the matter, then go to step 3.

3. The parent may speak to the Director (s) and request a meeting with the coach and Director (s) together.
 - In certain situations, OVA may request the athlete to also attend.
 - Meetings should be previously arranged. This will not take place at a tournament site.
 - The Director(s) will not engage in discussions about coaching decisions.
4. If the parent or athlete is not satisfied by the action of the Directors, they may request in writing the BOD (Sindee Snow, Yvonne Devlin,) to review this matter.

OTHER POLICIES REGARDING GRIEVANCES WITH OVA CLUB:

1. OVA will not tolerate hostile, aggressive confrontations between a parent and any official, coach, athlete, or another parent, whether the confrontation is within the club or not. Violation of this policy may result in the athlete(s) being dismissed from OVA.
2. It is inappropriate for an athlete or parent to approach other OVA members about a problem the athlete or parent is having with an OVA coach.
 - Asking uninvolved persons to take sides in an issue is unfair to the third party and to the club. For the psychological health of the teams and the club as a whole, grievances need to be handled between the parties involved and the decision makers in the situation.
 - Remember...Competitive team athletics, by nature alone, create situations where everyone may not be happy all of the time.
3. Any member who is approached and asked to listen to or express an opinion about matters between two other parties in the club is strongly encouraged to refer the complaining party to take the matter up with either the coach or the directors.
4. Any member who, as a third party, hears remarks or stories about OVA, its' employees or its' policies, that cause the member to be concerned, is encouraged to call the Director (s) immediately to determine the facts, or to alert club administration to a situation it may be unaware of.
 - By the time the story gets to a third or fourth party, it frequently bears little resemblance to the truth or the facts of the situation.
 - It is also detrimental to the athlete and disruptive to her team to complain to the athlete about the coach, the coach's style, or the OVA policies.
 - If you, as a parent, are unhappy or concerned about any of these matters, address the party in control. If the athlete is unhappy, she needs to address the appropriate party.

****Repetitive complaining to the athlete(s) or other third party that interferes with the club's efforts to pursue its' stated mission and purpose may be a cause, in sole determination of the club, to ask the member to resign.****

AAU Nationals is already included in the price for Asics and National teams (not counting 11, 10's).

Invalid Credit Card & Returned Checks

In the event that a credit card needs to be charged and is invalid, an additional \$25.00 fee will be added to the bill and if the payment is NOT made in full within 10 days, your daughter will be ineligible to practice/play until the payment is settled with the OVA office. Returned checks will be charged a \$50.00 reprocessing fee. Once again, if that is not paid in full within 10 days of returned check notice, your daughter will be ineligible until the full payment is settled with the OVA office.

All payments should be sent to:
Orlando Volleyball Academy
6700 Kingspointe Parkway
Orlando, FL 32819

Questions can be directed to: orlvb@aol.com or call 407-226-0188.

***Orlando Volleyball Academy
Practice/Possible Orlando Play Facilities***

OSC/ OVA Facility
6700 Kingspointe Parkway
Orlando, FL 32819

Gotha Middle School
9155 Gotha Road
Windermere, FL 34786

Lake Brantley South Complex
991 Sand Lake Road
Altamont Springs, FL 32714

UCF Education Building
4000 Central Florida Blvd.
Orlando, FL 32816

Rollins College
Alfond Sports Center
1000 Hold Ave.
Winter Park, FL 32789

Teague Middle School
1350 McNeil Road
Altamonte Springs, FL 32714

Lake Brantley High School
991 Sand Lake Road
Altamonte Springs, FL 32714

All of these facilities are being loaned to us. So, in order for the Orlando Volleyball Academy to continue using them in the future, we ask that everyone (players, parents and coaches as well) help keep them in good condition. If there is a safety hazard where you are playing/practicing, please let the site manager know and it will get taken care of as soon as possible.

OVA Team Levels

- 1. Asics**
- 2. Molten**
- 3. National**
- 4. Regional**

1. This is our top team in each age division
 - a. 3 practices a week + special sessions
 - b. Play time is not guaranteed
 - c. 3 Qualifiers – more local tournaments
 - d. 4 beach tournament at OSC (Extra 100.00 Value)
 - e. Titus Sports Performance 2 X a Week 5 months (extra \$ 300 Value) (15 and up ages)
2. This is our 2nd team in each age division
 - a. 3 practices a week + special sessions
 - b. Play time is not guaranteed
 - c. 3 Qualifiers – more local tournaments
 - d. 4 beach tournament at OSC
 - e. Titus Sports Performance 2 X a Week 5 months (15 and up)
3. This is our 3rd team in each age division
 - a. 3 practices a week + special sessions
 - b. Play time is not guaranteed
 - c. 1 Qualifier – more local tournaments
4. General teams
 - a. 2 practices a week
 - b. Local tournaments
 - c. More equal play time